

Example Labels

Processed Foods

Strawberry Jam

Ingredients: Sugar, Strawberries, Water

Suggested Use: Put on warm home made scones with fresh cream

May contain: Nuts Dairy

Made for: The Mount Pleasant Natural Resource Centre's
Community Fruit & Veg Swap
Processed by Member # 65

Made on 27/03/2011 Best Before 27/09/2011

Fresh Fruit & Vegies

Spring Onions

Herbicide: None

Pesticide: Snail Bait

Organic Control: None

Substrate Grown in: Soil with chook manure

Use: In salads and cooking

Grown by Member # 142

Harvested on 27/09/2011

Seeds/Seedlings/Cuttings

Carrot Seeds

Growing Instructions: Plant in Spring. Sow seeds 2-3cm deep in the soil in rows. Water daily.

Prepared by Member # 93

Harvested on 27/03/2011

Plant Before 30/09/2012

Honey

Type: Bluegum

Prepared by Member # 81

Harvested on 27/03/2011

Example Labels

Eggs

Type of Chook: Belgium Bantam

Type of Duck: N/A

Collected by Member # 51
Collected: 23/03/2011 - 27/03/2011

KEEP REFRIDGERATED OR IN A COOL PLACE

Compost/Mulch etc.

Type: Chook Manure

Instructions: Turn soil in garden bed and add chook manure while turning.

When using:

- Wear a face mask and gloves
- Moisten to avoid dust
- Wash hands after use

Made by Member # 18
Packed on 27/03/2011

Home Dried Fruit & Vegies

Dried Pears

Ingredients: Home grown pears

Drying method: Solar drier

Prepared by Member # 93

Made on 27/03/2011

Best Before 27/03/2012

Fresh Flowers

Mr. Lincoln Roses

Grown by Member # 81

Picked on 27/03/2011